



Coaching Packages Overview

The Mindful Equestrian offers tailored coaching packages designed to fit your unique needs and goals. Select the package that best aligns with your aspirations and schedule.

6 Session Package:

- Includes 6 hours of coaching, to be utilized within 3 months.
- Sessions are 60 minutes each.
- Comes with unlimited email support between sessions.
- Price: \$900.

9 Session Package:

- Offers 9 hours of coaching, to be utilized within 4.5 months.
- Sessions are 60 minutes each.
- Includes unlimited email support between sessions.
- Price: \$1300.

12 Session Package:

- Provides 12 hours of coaching, to be utilized within 6 months.
- Sessions are 60 minutes each.
- Unlimited email support between sessions.
- Price: \$1700.

24 Session Package:

- Comprises 24 hours of coaching, to be utilized within 12 months.
- Sessions are 60 minutes each.
- Includes unlimited email support between sessions.
- Price: \$3200.

Payment Information: Payments must be made in advance of coaching sessions. We offer two convenient payment options:

1. **Credit Card via PayPal™:** No PayPal™ account is needed. A secure payment link will be emailed to you for processing through a third-party credit card processor.
2. **Check Payment:** Checks should be received before the coaching sessions commence. Please note, a \$35 fee will be charged for NSF checks. Make checks payable to The Mindful Equestrian and send to the address below:

The Mindful Equestrian
204 Betsinger Rd. #14
Sherrill, NY 13461

For alternative payment methods, please get in touch to discuss options.

Your investment in your development is greatly appreciated.

In Peace,

Lisa Eklund